

Applicable to fresh oil
for authenticity only



LIPID RESEARCH UNIT
To avoid excessive breakdown
of this product, use only
Good Frying Procedures
www.uovs.ac.za/myoilguide

**TYPICAL NUTRITIONAL VALUES
AS PACKED**

Average Composition	Per 100g
Energy	3389kcal
Protein	0g
Carbohydrate	0g
Total Fat	99.9g
Saturated	12%
Polyunsaturated	62%
Monounsaturated	23%
Cholesterol	0mg
Dietary Fibre	0mg
Sodium	0mg
Trans Fatty Acids	< 2g

0% Coolestrol

Superior

100% Triple Refined Pure Vegetable Cooking Oil

Ideal for cooking, baking, frying and salads

This product may contain sunflower oil, soya bean oil, palm oil,
maize oil or canola oil.
Allergens: Soya



20 Lt

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