



SUNFOIL

SHANDLE

TRIPLE REFINED SUNFLOWER OIL

TYPICAL NUTRITIONAL INFORMATION		
Nutrients	Per 100ml	Per 20ml Serving
Energy	(kJ) 3389	678
Protein	(g) 0	0
Glycaemic Carbohydrates	(g) 0	0
of which Total Sugar	(g) 0	0
Total Fat	(g) 91.6	18.3
of which Saturated Fat	(g) 11.6	2.3
of which Trans Fat	(g) <0.5	<0.1
of which Monounsaturated Fat	(g) 23	4.6
of which Polyunsaturated Fat	(g) 57	11.4
Cholesterol	(mg) 0	0
Dietary Fibre*	(g) 0	0
Total Sodium	(mg) 0	0

SANAS Accredited Laboratory - *Dietary Fibre Method AOAC 991.43

Avoid overheating and repeated heating of oil. Oil may catch alight if added to hot fryer or pan.
 Recommended heating temperature 160° - 180°C.
 Store in a cool, dry place away from direct sunlight



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A NATURALLY CHOLESTEROL FREE FOOD

Ingredients: Pure Sunflower Seed Oil
 Allergens: NONE • Additives: NONE

PERFECT FOR COOKING, FRYING, ROASTING, BAKING AND SALADS.

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 PRODUCED IN SOUTH AFRICA



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20 LITRE